

## **Author**

### **Fred Nour, M.D.**

Dr. Nour is a Neurologist (specialist in brain disorders) who is certified in both Neurology and Neurophysiology (electric studies of the brain) by the American Board of Psychiatry and Neurology.

He holds two British degrees, Member of the Royal College of Surgeons of England & Licentiate of the Royal College of Physicians of London.

### **Memberships**

The American Association for the Advancement of Science.

The Society for Brain Mapping and Therapeutics.

The American Academy of Neurology.

The Royal Society of Medicine in London.

The American Headache Society.

### **Honors**

Dr. Nour is honored with many awards such as

Top doctors in Chicago Metro Area, 2003.

Americas Top Physicians, 2005, 2006, 2009, 2010.

Top doctors in Indianapolis, 2011.

### **Academic Appointments**

Dr. Nour was a Clinical Instructor at the University of Illinois College of Medicine, Rockford; for three years, after completing his Neurology training at the prestigious Baylor College of Medicine in Texas; before going into private practice.

### **Public speaking**

In addition to the many honors, Dr. Nour had multiple public speaking engagements Over 150 public educational lectures about various medical topics to the public and the medical doctors.

He has given numerous public lecture about new treatments and drugs across Chicago Metropolitan areas

### **Interest in Neuroscience of love**

As a Neurologist & Neuroscientist, Dr. Nour began his interest in the science of love many years ago, as he watched some of his friends marry the wrong people while others had very happy marriages. He began lecturing about love in the 1990s at the request of his patients, detailing the biology of mate selection, falling in and out of love, and how the brain-induced chemicals and genes control many aspects of the true everlasting love and how to grow it. As his daughters started college, he wanted to talk to them about love

and marriage but was resisted due to millennials believes about parent's knowledge. He wrote a book hoping to convince them that love has not changed over the past 4 millennia. With so much false science about love currently in circulation, he felt obligated to dismiss the fallacies and explain the facts, based on true neuroscience.

### **Personal side**

Born in Egypt, Dr. Nour left Cairo in 1977, after graduating in the top of his class at the Medical School of Cairo University. Looking for the freedom to study medical subjects of interest to him in the U.S., he made his way to London but got caught in three-year emigration process due to the return of American physicians from the Vietnam war. After many years of private Neurology practice in the Midwest and due only to an allergy to Canadian Geese, which flourish in large populations there, Dr. Nour moved to Southern California. Happily married with two daughters in college. He is an accomplished painting artist, videographer, photographer and a graphic designer. He enjoys opera, sailing, tennis, bicycling, and learning about other cultures through travel, all while still enjoying helping patients with complex neurological disorders.

### **Publications**

- Respiratory Dyskinesia in Parkinson's Disease: Journal of the American Academy of Neurology, Minneapolis 1986, 36:303:304
- Diabetic thoraco-abdominal neuropathy: a cause for chest-abdominal pain. VI international Congress on Neuromuscular Diseases, July 1986, Los Angeles
- Hypersensitivity pneumonitis from community exposure to Canada Goose droppings, published here: <http://www.ncbi.nlm.nih.gov/pubmed/1067457>